

Meals on Wheels Kitsap Hot Meals Menu ~ April 2025

	<p style="text-align: center;">1 Turkey Pot Pie Broccoli Lima Beans Mixed Grain Bread Oatmeal Raisin Bar Pears</p>	<p style="text-align: center;">2 BBQ Meatballs Over Curly Noodles Baked Beans Country Trio Vegetables Raisin Bread Peaches</p>	<p style="text-align: center;">3 Broccoli Cheddar Quiche Peas Black Beans, Corn and Peppers Whole Wheat Bread Apple</p>	<p style="text-align: center;">4 Hawaiian Pork Over Brown Rice Pilaf Oriental Vegetables Carrot Date Salad Whole Wheat Roll Fortune Cookie Tropical Fruit Salad</p>
<p style="text-align: center;">7 Sloppy Joe On Whole Wheat Bun California Vegetables Spinach Fresh Pear</p>	<p style="text-align: center;">8 Breakfast Casserole Over Quinoa Rosemary Roasted Carrots Whole Wheat Bread Cinnamon Applesauce</p>	<p style="text-align: center;">9 Teriyaki Chicken Over Brown Rice Broccoli Cauliflower Whole Wheat Roll Pears</p>	<p style="text-align: center;">10 Minestrone Soup Turkey Chef's Salad Light Ranch Dressing Veggie Sticks Rye Bread Sugar Cookie Pineapple</p>	<p style="text-align: center;">11 Beef Enchilada Mexicali Vegetables Marinated Vegetable Salad Nine Grain Bread Oatmeal Fruit Bar Mandarin Orange</p>
<p style="text-align: center;">14 Italian Herb Baked Chicken Over Quinoa Scandinavian Vegetables Broccoli Mixed Grain Bread Fresh Kiwi</p>	<p style="text-align: center;">15 Hot Turkey Sandwich On Nine Grain Bread Mashed Potatoes and Gravy Brussel Sprouts Oatmeal Raisin Bar Ambrosia</p>	<p style="text-align: center;">16 Beef Cabbage Roll Over Brown Rice Rosemary Roasted Carrots Beets Whole Wheat Roll Fresh Orange</p>	<p style="text-align: center;">17 <u>Easter Lunch</u> Ham Slice With Raisin Sauce Over Barley Roasted Sweet Potatoes Green Beans Nine Grain Bread Sunshine Salad</p>	<p style="text-align: center;">18 Creole Baked Fish Over Brown Rice Root Vegetable Trio Collard Greens and Onions Whole Wheat Bread Fresh Pear</p>
<p style="text-align: center;">21 Pork Chow Mein Brown Rice Oriental Spinach Cauliflower Whole Wheat Bread Ice Milk Apple</p>	<p style="text-align: center;">22 Grilled Chicken with Mayonnaise Lettuce/Tomato on Whole Wheat Bun Black Beans-Corn-Peppers Tropical Fruit Salad</p>	<p style="text-align: center;">23 Quiche Lorraine Red Potatoes Carrot Raisin Salad Nine Grain Bread Oatmeal Fruit Bar Pineapple</p>	<p style="text-align: center;">24 Spaghetti & Meat Sauce Italian Vegetables Four Bean Salad Mixed Grain Bread Cantaloupe Blueberry Salad</p>	<p style="text-align: center;">25 Turkey Vegetable Soup Oyster Crackers Hearty Salad Fat-Free French Dressing Nine Grain Bread String Cheese Peaches</p>
<p style="text-align: center;">28 Mardi Gras Chicken Creamed Corn Stewed Tomatoes with Macaroni Mixed Grain Bread Fresh Orange</p>	<p style="text-align: center;">29 Turkey Tetrazzini Roasted Brussels Sprouts Carrots Whole Wheat Roll Fresh Pear</p>	<p style="text-align: center;">30 Salisbury Steak With Mushroom Sauce Over Barley Cauliflower Spinach Raisin Bread Cantaloupe</p>		

Reservations required by 2pm one business day in advance. Call 360-377-8511 or 1-888-877-8511 to reserve.

Hearing or speech impaired persons may contact us by calling 711, the TTY relay number.

All fresh produce is subject to availability. Approved substitutions may be made without notice.

Suggested donation for seniors 60 and over is \$5.00 per meal. For non-eligible persons, the cost is \$8.00 per meal.

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